

# 2018 Stockholm Conference on Ultra-Early Intervention: *Pleasurable feeding for premature infants: - Food for thought!*

Karolinska University Hospital, Solna, Stockholm, 22 March 2018

Organizers: Karolinska NIDCAP Training & Research Center, Karolinska University Hospital

08.00-08.30 **Registration**

08.30-08.40 **Welcome address.** Boubou Hallberg, Björn Westrup and Stina Klemming

Moderator: Hugo Lagercrantz

08.40-09.00 **Parental experience of feeding and eating. Mother to a girl born w 25+3, weight 492g.**  
*Sofia Bernhard*

09.00-09.30 **Interesting findings in mammals concerning lactation, thermoregulation, salt- and water hemostasis.** *Jeffrey Alberts*

09.30-10.00 **Circadian rhythms in eating and sleeping patterns. How to follow the infant?**  
*Nils Bergman*

10.00-10.30 **Coffee**

Moderator: Lena Hellström-Westas

10.30-10.50 **Breastmilk.** *Mireille Vanpée*

10.50-11.10 **Continuous feeding reduce behavioral stress in early postnatal life, and influence later breastfeeding capability in VLBW infants - Follow up of a Randomized Control Trial** *Ann Dsilna*

11.10-11.40 **"Experiences and challenges working with premature children in our outpatient eating and feeding program at Astrid Lindgren's Children hospital, Sweden."** *Multidisciplinary Team of Eating Support and Gastroenterology at Karolinska University Hospital. Cecilia Zetterström, Christina Wahlstedt, Ellinor Strandberg, Erika Baraldi och Anneli Byström.*

11.40-12.10 **Scientific review of pleasurable feeding for premature infants. Best practice. Bottle feeding.**  
*Erin Ross*

12.10-12.40 **Reflection (Discussion)**

12.40-14.00 **Lunch**

Moderator: Björn Westrup (and Stina Klemming)

14.00-14.50 **Short presentations (3-5 x 10 min) Call for abstracts!**

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14.50-15.00 **Discussion / Reflection**

15.00-15.30 ***Fruits***

Moderator: Björn Westrup

15.30-16.00 **Pleasurable feeding and the infant's competences. Gillian Kennedy**

16.00-16.30 **How to stimulate early breastmilk production and lactation. How to support early breastfeeding, experiences from South Africa. Jill Bergman**

16.30-17.00 **Are we supporting VLBW infants to breastfeeding? Trends in Sweden and in Europe. Renee Flacking**

17.00-17.45 **General discussions**

19.00 ***Dinner at Haga Forum restaurant***

[Registration form](#)

*Welcome back next year!*

*21<sup>st</sup> March 2019*

*Save the date!*